

EastonSwing Covid-19 Safety Policy – 14th July 2021

On 12th July the UK prime minister outlined that Stage 4 re-opening will go ahead as planned on 19th July, all covid restrictions will be lifted and the onus of responsibility now lies with the individual business operators. Following the announcements, we have taken the decision to write this document to make clear how we plan to operate our venues over the coming months. Since the beginning of the pandemic, the situation has been fluid and continues to be so. These plans will be reviewed constantly and adjustments made as required.

Our Enfield and Cambridge classes have been operating since May and so far, so good. In that, we have had no cases of Covid amongst our groups and we have had enough attendance to cover our costs. Finchley and Northampton have remained closed due to venue size but from next week we are planning to re-open although, not exactly as they had been prior to Covid-19.

Here is what to expect...

Restricted numbers

Masks encouraged but not mandatory

Hand sanitizer will be available

Pre booking essential

Solo and Fixed Couples format

Do not attend if you feel unwell

Testing (Negative Rapid Lateral Flow Test required for workshop & freestyle events)

Dinner Breaks

Restricted numbers

The venues that we use have a fire safety capacity that is considerably higher than we feel is appropriate to allow good ventilation and a chance to socially distance, at least to some degree. For the time being we plan to limit numbers as described below.

Enfield - 26 Solo/13 Couples - **Currently space for 7 couples in August**

Cambridge - 26 Solo/13 Couples - **Currently space for 1 couple in August**

Finchley - 16 Solo/8 Couples - **Class re-opens 20th July**

Road - 16 Solo/8 Couples - **Class re-opens 21st July**

Masks and Sanitizer

Masks are no longer required to be worn by law, but we'd like to encourage you to keep wearing them if you're happy to do so. Multiple sanitiser stations will be positioned around the room and should be used frequently by all attendees.

Pre-booking

Keeping the pre-booking in place allows us to monitor how many people we might expect to have in attendance. It also gives us your contact information should we need to get in touch with you after a class or an event. Ideally we'd fill our classes with members that have pre-

booked the course of 4-6 weeks. However, where availability allows, dancers may attend a single week at class and pay cash if preferred, but must let us know your intent to attend, in advance, so that we can check if space is available and be prepared for your arrival. You can reserve your space in the upcoming courses at [Classes](#)

Solo and Fixed Couples format

This format has been working really well in Enfield and Cambridge, and for now, we plan to keep it and introduce it to Finchley and Northampton when we return. There will be no rotation in the classes and we ask that you only freestyle with your partner during practice times.

Message us if you'd like to be paired with someone to form a 'bubble' to attend one of our classes. [Contact us](#)

Do not attend if you are unwell

Please stay at home if you are feeling unwell or present any symptoms of Covid-19. We will be happy to refund your payment or offer credit for future classes, workshops and parties.

Testing

This week Fab and I will begin testing regularly, 2-3 times per week dependant on our working schedule. To ensure that we are Covid negative when teaching. We'll test on Sundays, Wednesdays and also Friday when we have weekend events. We'll be using the Rapid Lateral Flow Tests, available from NHS and many other sites too. Follow this link to order your test kits for free, <https://www.gov.uk/order-coronavirus-rapid-lateral-flow-tests>

We'd like to recommend to everyone in our community to begin testing at home, if you are not already, to help grow confidence in the dance community and to be ready for a fast response to any outbreak of Covid-19 amongst our members.

Although, we are not going to require our regular weekly members to show their covid-19 health status for weekly class attendance. **At our workshops and freestyle parties where there is a wider selection of dancers attending and we are planning to rotate partners, we would like you to show us a negative covid-19 health status.**

The quickest and easiest way to accomplish this is through Rapid Lateral Flow testing. They are quick and easy to use with test results returned within 30 minutes. Your result should then be submitted to NHS and a confirmation will be sent to you.

A negative test result from a Rapid Lateral Flow Test on the day of the workshop will be required upon entry to one of our workshops or freestyle events.

No-one will ask to see the actual test itself but upon submitting your result to the NHS you will receive a confirmation email or sms that confirms your test result. That is what we would like you to show upon your arrival.

Upcoming events you'll need to show a negative LFT result if you plan to attend,

Welcome back to WCS Bedswing Collaboration

SwingTing

IMPROG Workshop

London Freestyle Party

Biggleswiggie

Learn more about NHS Advice on Lateral Flow Tests,

<https://www.nhs.uk/conditions/coronavirus-covid-19/testing/regular-rapid-coronavirus-tests-if-you-do-not-have-symptoms/>

Learn how to use a Lateral flow test kit, <https://www.nhs.uk/conditions/coronavirus-covid-19/testing/how-to-do-a-test-at-home-or-at-a-test-site/how-to-do-a-rapid-lateral-flow-test/>

More about Lateral Flow Tests in this very well laid out and easy to read document from Hertfordshire Public Health, [COVID-19 Hertfordshire event testing guidance](#)

The NHS Covid pass may be an option we'll look at once the trial events have been completed and it is more widely being used.

Dinner Breaks

Often at workshop events in the past we would head to the pub for the Dinner break. For the time being we'd like to invite everyone to bring something for themselves from home or order something in from a local takeout. Microwaves are available at some of the venues but not all, so please check with us if you would hope to use those facilities. Local take out restaurants will be posted at the event page on Facebook and at the event itself.

This also applies to those that may have met fellow dancers for a drink before attending the party.

Thank you for your support, dedication and patience,

Lee & Fab