

## **EastonSwing Covid-19 Safety Policy – 15<sup>th</sup> August 2021**

Classes and now events have all been running successfully and safely since May. Enfield, Cambridge and Northampton classes are all open. We've held 3 workshops and 3 freestyle parties with more events on the horizon.

There are still restrictions in place at our venues and here are the latest updates to how we are operating our classes and events.

What to expect...

### **Class Format**

#### **Restricted numbers**

#### **Masks encouraged but not mandatory**

#### **Hand sanitizer will be available**

#### **Pre booking encouraged**

#### **Do not attend if you feel unwell**

#### **Testing** (Negative Rapid Lateral Flow Test required for workshop & freestyle events)

### **Class format**

At the beginning of August we shifted to a 2 x 45m couples class format, which we will keep until we re-introduce our Basics class. That should be from week beginning 20<sup>th</sup> September which will see 3 x 30m couples class.

### **Restricted numbers**

The venues that we use have a fire safety capacity that is considerably higher than we feel is appropriate to allow good ventilation and a chance to socially distance, at least to some degree. For the time being we plan to limit numbers as described below.

Enfield - 26 Solo/13 Couples

Cambridge - 26 Solo/13 Couples

Finchley - 16 Solo/8 Couples

Roads – 16 Solo/8 Couples

### **Masks and Sanitizer**

Masks are no longer required to be worn by law, but we'd like to encourage you to keep wearing them if you're happy to do so. Multiple sanitiser stations will be positioned around the room and should be used frequently by all attendees.

### **Pre-booking**

Keeping the pre-booking in place allows us to monitor how many people we might expect to have in attendance. It also gives us your contact information should we need to get in touch with you after a class or an event. Ideally we'd fill our classes with members that have pre-booked the course of 4-6 weeks. However, where availability allows, dancers may attend a single week at class and also pay cash if preferred. Please let us know your intent to attend, in advance, so that we can check if space is available and be prepared for your arrival. You

can reserve you space in the upcoming courses at [Classes](#)

### **Do not attend if you are unwell**

Please stay at home if you are feeling unwell or present any symptoms of Covid-19. We will be happy to refund your payment or offer credit for future classes, workshops and parties.

### **Testing**

This week Fab are testing regularly, 2-3 times per week dependant on our working schedule. To ensure that we are Covid negative when teaching. We'll test on Sundays, Wednesdays and also Friday when we have weekend events. We'll be using the Rapid Lateral Flow Tests, available from NHS and many other sites too. Follow this link to order your test kits for free, <https://www.gov.uk/order-coronavirus-rapid-lateral-flow-tests>

We'd like to recommend to everyone in our community to begin testing at home, if you are not already, to help grow confidence in the dance community and to be ready for a fast response to any outbreak of Covid-19 amongst our members.

If you plan to rotate,

**On arrival to one of our venues, please show to our staff your negative test report from a Rapid Lateral Flow Test within 48 hours of attendance.**

If you're staying fixed,

**If you're not ready to change partners, you are welcome to fixed with your partner for the duration of the evening.**

No-one will ask to see the actual test itself but upon submitting your result to the NHS you will receive a confirmation email or sms that confirms your test result. That is what we would like you to show upon your arrival.

Learn more about NHS Advice on Lateral Flow Tests,

<https://www.nhs.uk/conditions/coronavirus-covid-19/testing/regular-rapid-coronavirus-tests-if-you-do-not-have-symptoms/>

Learn how to use a Lateral flow test kit, <https://www.nhs.uk/conditions/coronavirus-covid-19/testing/how-to-do-a-test-at-home-or-at-a-test-site/how-to-do-a-rapid-lateral-flow-test/>

More about Lateral Flow Tests in this very well laid out and easy to read document from Hertfordshire Public Health, [COVID-19 Hertfordshire event testing guidance](#)

The NHS Covid pass may be an option we'll look at once the trial events have been completed and it is more widely being used.

Thank you for your support, dedication and patience,

Lee & Fab